

Dr. Monica Wilson



Video Bio: <https://balancinglifissues.hiringplatform.com/p/nKtb22X5Jvlq/6360122-monica-wilson>

Dr. Monica Wilson is a nationally recognized leader in the field of organizational leadership and collaborative training as well as curriculum design. She has been an instructor and consultant since 2004. Dr. Wilson has a strong collaborative approach and a facilitative style valuing broad input while maintaining a focus on results and impact.

Dr. Wilson has a flexible, action-oriented, and practical approach in working as a consultant, facilitator, and executive coach. She is dedicated to assisting individuals and organizations to achieve excellence in ways that support integrity and a collaborative spirit.

In addition to her current role as a consultant, she is the Regional Director and Assistant Professor at National University in the Department of Psychology where she manages both the Undergraduate and Graduate Psychology programs, and serves as the faculty advisor to graduate students, leading major change initiatives in their organizations. She has presented at regional, national, and international conferences for several professional organizations around the world.

Dr. Wilson is also the Governor Appointee and former Chair of the California Behavioral Health Planning Council for the State of California which provides oversight and accountability for the Governor and Department of Health Care Services that oversees the Mental Health Service Act for the State of California (MHSA Prop. 63). Dr. Wilson is also the Chair of The Behavioral Health Commission for the County of San Bernardino, in that role she advises the Board of Supervisors and Director of Behavioral Health on aspects of local mental health programs implementation to residences within her district, reviews County grant proposals, provides feedback to the Department of Behavioral Health and advocates for those who are underserved and underrepresented within the systems of care.

In addition to her current role the Regional Director and Assistant Professor, Dr. Wilson serves on various organizations as a leader and advocate. She is currently the Executive Director of Psychotherapy Plus, Inc. a local community based agency that provides counseling and therapeutic services focusing educational leadership and wellness coaching. Dr. Wilson is also the founder of The Women of Action an organization that seeks to improve the lives of others by making significant contributions in the community through education, empowerment, business development and entrepreneurship.