



KAISER PERMANENTE®

## Accessing Your American Specialty Health Networks Chiropractic Benefit



### To access the chiropractic benefit made available through American Specialty Health Networks (ASH Networks), just follow these simple steps:

1. To find a contracted ASH Networks chiropractor near you:
  - Go to the ASH Networks online chiropractor search at [www.ashcompanies.com/kpchiro](http://www.ashcompanies.com/kpchiro), OR
  - Call ASH Networks Member Services at 1.800.678.9133 (8 a.m. to 9 p.m., Monday – Friday, Eastern Time) for a list of the closest chiropractors near your home or work address.
2. Call the chiropractor directly to schedule an appointment.
3. At the time of your appointment, your chiropractor will verify your eligibility using your Kaiser Permanente ID Card. Then, simply pay your designated copay for services rendered.

**Questions?** Call ASH Networks Member Services at 1.800.678.9133 (8 a.m. to 9 p.m., Monday – Friday, Eastern Time).



ASH Networks provides claims processing and network management services and is not an insurer. Refer to your plan documents for additional details regarding your chiropractic benefits.