

VIRTUAL ERGONOMIC EVALUATION

Take a photo of the following to provide a seated assessment.

1. Entire workstation area from behind the empty chair (chair included).



If you cannot stand directly behind the chair, take pictures from the left-side and right-side angles (furthest most view of the work area's left and right).

2. Side view of the entire chair. Roll the chair back for a clear view.



3. Back view of the entire chair.



4. Seated subject typing on keyboard, while viewing the screen (Side view).



VIRTUAL ERGONOMIC EVALUATION

Take a photo of the following to provide a seated assessment.

5. Seated subject typing on keyboard, while viewing the screen (Rear view).



6. Seated subject using mouse, while looking at the screen (Side view).



7. Seated subject using telephone, while typing on keyboard (Side view).



If the phone's speaker or headset/ear piece are not regularly used.

8. Seated subject placing telephone back on desk/table (Side view).

